



Intimacy Coach
International

Complete Holistic Intimacy Coach Training with Intimacy Coach International

FULL CERTIFICATION TRAINING,
MENTORSHIP, MARKETING AND
BUSINESS ASSISTANCE TO SET UP
YOUR PRACTICE/BUSINESS

WHO IS THIS FULL TRAINING & CERTIFICATION FOR?



We have successfully trained Intimacy Coaches Internationally for over 11 Years, and were the original Holistic Intimacy Coaching Training...

The full training is for those people who want to learn all aspects of becoming an Intimacy Coach from learning how to coach clients with issues, conscious touch techniques and hosting workshops and retreats through to marketing and setting up your own business

We only take on a maximum of 30 new FULL coaches a year to do the full training, and you need to have an interview first, as you become part of a team, and are mentored and worked with personally for 2 years as you certify and set up your particular niche and brand

Anne-Marie, Tim & the ICI Team

**BOOK YOUR TRAINING
INTERVIEW HERE**

[BOOK HERE](#)

WHAT IS FOUNDATION LEVEL 1 & 2 ALL ABOUT?



The personal journey

Very few people, including life coaches & psychologists have the intimacy journey completely clear of fear, guilt and shame.

Foundation focusses on where our sexual beliefs come from, what we've encountered personally on our intimacy journey, how to expand into holistic and embodied intimate practices within our own lives, belief systems and relationship designs/structures

You can learn and experience your personal journey through this work at your own pace with the full training.

Authentic Teaching

Arises from personal journeys, and empathy towards this within relationship and within life path structures.

The world of dating, relationships and conscious sexuality has changed significantly in the last 10 years, and designing new personal paths as well as creating bespoke approaches for our clients is becoming more and more valuable

With Intimacy, there really isn't a one size fits all approach. It depends where you live in the world, what your belief systems look like, do you have small children, are you going through a huge life change?

Intimacy, sensuality and sexuality adapt and grow in our relationship to ourselves as well as others. The personal journey helps us before we begin to help others on their journeys.

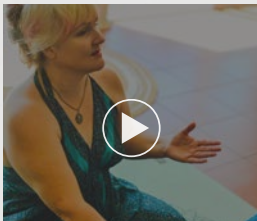
We call this personal Sense You Wellness.

FULL CERTIFICATION COURSE OVERVIEW FOUNDATION 1



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FOUNDATION 1



YOUR JOURNEY

Your personal journey with intimacy and relationship, You are individually mentored through this journey



THE NERVOUS SYSTEM

Learning Bliss Co Regulating the Nervous System , Notes and templates for your clients



SEXUAL PATTERNS

The biggest intimacy issues and how to repattern sexual problems, traumas & common issues



SCOPE OF PRACTICE

Designing your business, how you'd like to teach and coach, what feels aligned to your personal journey



NEO TANTRA

Tantra & Taoist Sexuality, Connecting Spirituality & Intimacy in a bespoke way for clients, introduction level



BREATHWORK

Deeper into the nervous system with understanding the breath and it's impacts on pleasure and intimacy



THE PELVIC FLOOR

Skydancing, Blossoming and other techniques to teach your clients for improved pleasure and intimacy



RESOURCES

LIVE Masterclasses, & business coaching to help set up your business and structures for learning & teaching

BOOK YOUR TRAINING INTERVIEW HERE

AN EXCITING NEW FIELD of Coaching



Intimacy & Sexuality are the missing links in coaching programmes & self improvement



Feeling a calling in this field?

Are you already seeing clients who need more real & practical solutions with their intimate lives?

This Course will help you:

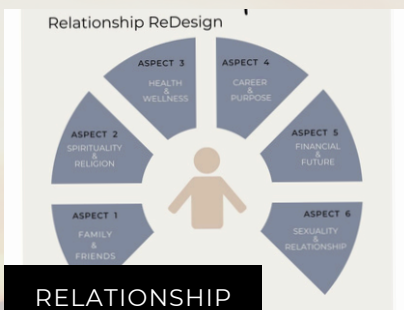
- Start your own Intimacy Coaching business with prepared Workshops & Resources
- Use the tried & trusted techniques within your established business.
- Expand your own relationship or life coaching brand to include intimacy & sexuality

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OVERVIEW FOUNDATION 2

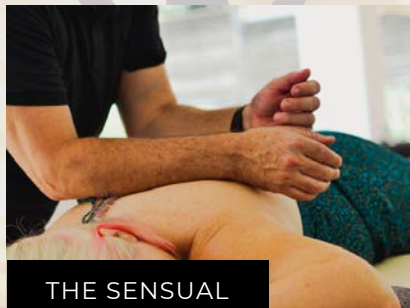


FOUNDATION 2



RELATIONSHIP DESIGN

Personal journey into relationship design
Styles of attachment and reframing past experiences to move into healthier balanced relationships



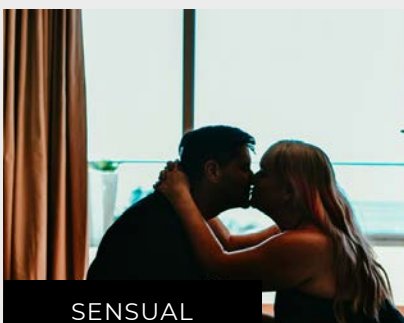
THE SENSUAL ARTS

A deep dive into The Sensual Arts, confidence in Intimacy and Somatic Relationships, personal coaching as well as learning how to teach without touching



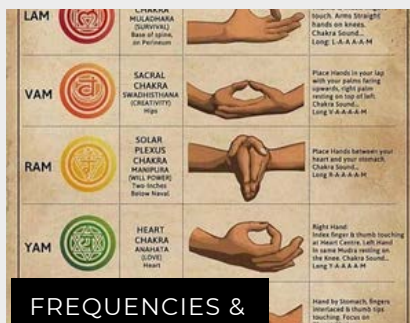
CONSCIOUS TOUCH

The foundation of conscious touch, creating healing space within relationships as well as within your business. How to teach conscious touch



SENSUAL COMMUNICATION

Learning the dynamics and intents of communicating differently and learning & coaching sensual and body language communication



FREQUENCIES & CHAKRA WORK

Learning how to clear energetic space and relax your clients with meditation, frequency and chakra balancing



DIVINE UNION

Linking spirituality & sexuality in an intimate journey Teaching this effectively with boundaries and designing for your clients

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WHAT IS INTERMEDIATE LEVEL ALL ABOUT?



The bridge between the academic and the esoteric

Understanding and fully implementing the personal journey, whilst beginning the integration of touch, teaching and moving deeper into the somatic is where the Intermediate Training qualifies you.

This level gives you more tools to use and teach that take the foundation level work deeper into somatic bodywork, and the conscious touch foundations of Neo Tantra work

Even if you've never learned any bodywork or somatic massage work, you will have the relevant training to teach it or be able to offer certain bodywork or conscious touch/energy work yourself

Aligning with your Vision

We don't just give you the information with no way to implement it personally. This module teaches you step by step how to teach and share this work in a variety of ways that align with your Scope Of Practice and personal vision for your business or practice.

Having different teaching and workshop styles is also relevant to designing your vision for YOUR version of Intimacy Coaching/ Somatic Relationship Coaching



WHAT WE

Teach



Intimate Skill Sets

We teach you HOW TO TEACH these skills to clients, meeting the clients at an individual comfort level with professionalism



Sensual Healing

We teach you how to help your clients reconnect with themselves & their partners on an intimate level



Spiritual Sexuality

We teach you how to connect and integrate your spiritual belief systems & your life force energy, your sexuality



FULL CERTIFICATION COURSE OVERVIEW INTERMEDIATE 1



INTERMEDIATE 1



SOMATIC CONSENT DYNAMIC

Learning how to teach your clients to say “No” body autonomy, learning and session dynamics when teaching bodywork



YIN MASSAGE

How to teach Yin Massage and conscious touch within sessions, workshops and retreats as well as when to use it in session



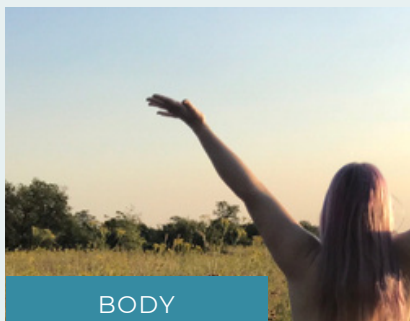
BODYWORK AND INTEGRATION

Bodywork can be taught to your clients for self work as well as within partnership teaching these skills is individualised to each practitioner



THE VAGUS NERVE

Working deeply into the nervous system for nervous clients dealing with difficult intimate experiences or requiring body repatterning



BODY CONFIDENCE

Reworking body image and sexual confidence with template workshops and exercises that can be used with your clients, or help design your own



TAOIST PRACTICES

Learning Taoist Sensual & sexual practices for deeper intimacy, various exercises and specific treatments for holistic approach

FULL CERTIFICATION COURSE OVERVIEW INTERMEDIATE 2

INTERMEDIATE 2



SEXUAL MINDFULNESS

Using deeper levels to improve sexuality within intimate relationship, Exploration of life force energy and integrations into intimacy



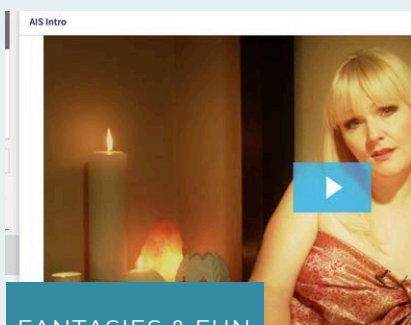
TEACHING WORKSHOPS

How to design and implement this work into workshops or even retreats whether in person or online
Templates & business guidance



BODY MAPPING

Understanding how to teach this in session and workshop, how it reawakens touch sensations & sensitivity changes (esp. in relationship)



FANTASIES & FUN

How to help your clients understand fantasies, their role in a healthy sexual self esteem and boundaries around play and fantasy exploration



NEO TANTRA BODYWORK

Understanding and implementing Neo Tantra Bodywork & Massage, how to teach it both with and without touchwork with your clients.



HEALING BODY PERCEPTIONS

Changing the approach to the patterns and awarenesses of body/body image, heart connection to sensuality and desire

WHAT IS ADVANCED LEVEL ALL ABOUT?



The power and energy of pleasure/life force

The processes and learnings around manifesting pleasure both in relationship, for wellbeing and in deep meditative states.

Orgasmic Meditation, moving into holistic full body sensual bodywork, both as teach without touching as well as methodologies for Neo Tantra Sessions.

Teaching your clients this work involves a deep personal journey yourself into a fully embodied sexual energy, and how to work with this life force energy in many different contexts for your clients belief systems and personal comfort levels.

Moving into Conscious Marketing

Digital Business Outline and training to get your vision of YOUR work up and running, access to a year's worth of our marketing help and social media help. Branding and how to design keeping within the structures of mindfulness and conscious marketing

Affiliate work and referral opportunities within the structures of Intimacy Coach International



FULL CERTIFICATION COURSE OVERVIEW ADVANCED 1



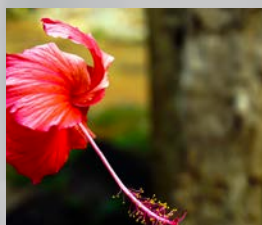
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ADVANCED 1



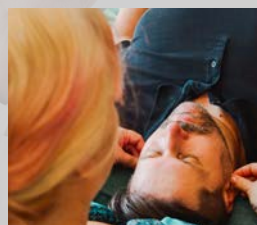
YONI WORK

Teach and understand pleasure anatomy (female) as well as the G & A Spot work, and their integration into embodied sensuality & intimacy



LINGAM WORK

Teach and understand pleasure anatomy (male) as well as the prostate work, and their integration into embodied sensuality & intimacy



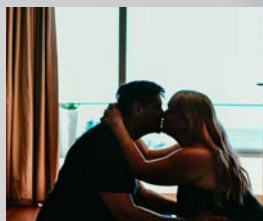
ECSTATIC PLATEAU

Teaching your clients how to find expanded and extended states of pleasure within their intimate lives, linked to wellbeing and reconnection



ORGASMIC MEDITATION

Specific techniques to rechannel this energy into wellness and meditative states. Linked to Neo Tantra



TEACH WITHOUT TOUCHING

How to teach this advanced material without actually touching your clients, helping them find comfortable methodologies for learning and self practice



THE PERINEUM

How this part of the body is relaxed during childbirth and can be utilised to release anxiety and improved intimate pleasure. How and when to include massage



EXAM & CERTIFICATION

This exam is practical and verbal, you teach what you know during this exam. On completion of this exam, you'll be certified & registered



OACH CERTIFICATION COURSE

RESOURCES

LIVE masterclasses, Q & A Sessions and basic business coaching to help set up your business and structures for learning & teaching

**BOOK YOUR TRAINING
INTERVIEW HERE**

YOUR INVESTMENT:
\$2997 (US) DEPOSIT \$600
PAYMENT PLANS AVAILABLE



Intimacy Coach
International

ALL CERTIFICATION & EXAMS INCLUDED!

REFERRALS AND REGISTRATION INCLUDED!

HELP WITH SETTING UP YOUR BUSINESS!

FULL TRAINING AND CERTIFICATION

THE ORIGINAL HOLISTIC INTIMACY COACH TRAINING

YOUR INVESTMENT INCLUDES

- **ALL CERTIFICATES OF COMPLETION ON ALL LEVELS** WITH EXAMS (FOUNDATION 1&2, INTERMEDIATE 1&2, ADVANCED 1)
- **ACCESS TO THE ENTIRE COURSE** IN YOUR OWN TIME FOR 3 YEARS, AND 2 YEARS ACCESS TO ALL LIVE MASTERCLASSES & ACCELERATED TRAININGS
- **RESOURCES, REFERRALS & TEMPLATES** FOR YOUR BUSINESS
- **PERSONAL SUPPORT AND 1:1 MENTORSHIP**
- **REGISTRATION ON OUR WEBSITE** FOR A YEAR
- **DOWNLOADABLE RESOURCES** CLIENT NOTES, AUDIO RECORDINGS, MEDITATIONS, WORKSHEETS, CLIENT JOURNALS THAT YOU CAN USE WITHIN YOUR BUSINESS
- **PERSONAL MENTORING SESSIONS** AND PRIVATE CALLS AND HELP WITH SETTING UP YOUR BUSINESS
- **SAFE PAYMENT** THROUGH PAYPAL

I'M INTERESTED HOW DO I APPLY?

Book your interview with us

You can't just purchase the full training, as it's working with a team of people to set you up as a Holistic Intimacy Coach.

We interview you first to see if it's the right fit for you as well as for our team

We work together with you during the entire duration of the course, you may complete it in 6 months, or you could take 18 months
This course has all of the resources for you to learn in your own time and with mentorship and marketing help

Book your interview HERE

The interview takes around 30 minutes, and you'll have some forms and other information to supply
There's NO PRESSURE to purchase as this is not a sales call.

I'd like a course I could purchase and do in a faster time frame

Our Accelerated Training for Wellness Professionals may be what you are looking for
[CLICK HERE](#)



[BOOK A QUICK CHAT HERE](#)

RESOURCES & HELPFUL LINKS



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WWW.INTIMACYCOACHINTERNATIONAL.COM

Want to see our video testimonials from actual people who have actually reviewed our training?

[<< FIND TESTIMONIALS >>](#)

Want to do the shorter Accelerated Training? More interested in adding Intimacy Coaching to your business that's already established?

[<<ACCELERATED TRAINING>>](#)

I'm not ready yet, I would like to email through more questions?

[<< INFO@BLISSANDRELAXATION.COM >>](mailto:INFO@BLISSANDRELAXATION.COM)

Like to enquire about scholarship or reduced rate options for some countries?

[<< SCHOLARSHIPS & REDUCED RATES >>](#)

Let's chat! I'd like to book a quick info call with you to see what's the best fit for me and ask questions before investing

[BOOK A QUICK CHAT HERE](#)